

Do you want help with public speaking anxiety?

Participate in a UCLA research treatment study!

Participants are offered FREE evidence-based therapy and can earn \$306-\$426 for completion of five assessments.

Your participation will involve:

- 2 treatment sessions a week for 8 weeks (most remote, some at UCLA)
- Treatments include exposure therapy (giving public speeches) and either relaxation therapy or a treatment designed to increase positive mood.
- 5 assessments (some remote, some at UCLA)

You might be eligible if you:

- Have public speaking anxiety
- Have low interest, motivation, or enjoyment in usual activities
- Are 18-60 years old

Find out if you're eligible by completing our 10-minute questionnaire. Scan our QR code:

Or, visit:



tinyurl.com/METERUCLA

Contact Information

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(626) 946-9070