

PARTICIPANTS NEEDED FOR RESEARCH STUDY

How Hormonal Changes Across the Menstrual Cycle Affect Mental Health and Bodily Sensations

What is this study about?

The Brain and Body Lab is exploring how hormonal changes during the menstrual cycle impact: Mental health, Bodily sensations, and Sensory processing.

Our goal is to better understand how your brain and body connect across different phases of the menstrual cycle.

By participating you can contribute to research that may improve understanding and treatment of menstrual-related mental health challenges, like PMDD.

Who can participate?

- Women with regular menstrual cycles (27-29 Days)
- We are enrolling healthy participants and women experiencing Premenstrual Depressive Disorder (PMDD) symptoms

What will you do?

Participate in up to 56 sessions across 4 months:

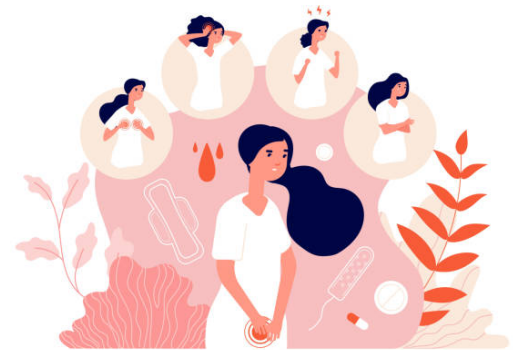
- Complete behavioral sessions and questionnaires
- Perform physiological tasks: heartbeat detection, breathing exercises, taste tests
- Undergo MRI brain scans (safe and non-invasive)
- Provide blood and stool samples using participant-friendly kits
- Track your ovulation using provided ovulation kits

Compensation:

Earn up to \$1,550 for your time.

Interested? Have questions?

Contact us at: brainbodysense@ucla.edu



Join us in advancing science and understanding the brain-body connection!